



The Power of the Huddle

Huddle Up leverages the transcendent power of sport to eradicate gender based violence, in all of its forms, and the sexism underpinning this abuse. In sport, the huddle is a powerful symbol of togetherness, a place where teammates convene to reinforce their union, challenge & support one another, and communicate strategy. In the huddle, teammates forget past set-backs, galvanize conviction, and always have a unified front against the opponent. Huddle Up harnesses that power by challenging, educating, and empowering participants to be “all-in” to defeat our opponent – sexist abuse.

Huddle Up addresses the full continuum of abusive behaviors and empowers participants to understand how misogynistic language, sexual harassment, gendered bullying, sexual assault, rape and domestic violence are linked together. This understanding inspires participants to have the courage to challenge behaviors on all levels of the continuum.

Athletes + Social Justice Expertise = Impact

As former athletes, Huddle Up founding members have an insiders understanding of sport culture combined with over 20 years of lessons learned on the most impactful strategies to address gender violence. Huddle Up members have a rare combination of athletic experience and gender violence prevention expertise that serves as a catalyst for tremendous impact on participants.

Leadership

Huddle Up is a leadership-infused model of primary prevention. Dealing effectively with sexism and gender violence requires 360-degree, transformational leadership. Huddle Up challenges organizations to embrace the positional and personal leadership necessary to confront the full continuum of abusive behaviors, ranging from sexist language to sexual assault & domestic violence. These are leadership issues, period.

The Bystander Approach

Huddle Up members helped introduce and develop the bystander approach to prevention in the gender violence field and have thousands of hours of “on-the-ground” experience of implementing this strategy in high school, college, and professional sport. Huddle Up training and technical assistance include insightful perspectives on how organizations can implement this strategy. Additionally, Huddle Up members serve as Sexual Assault/Bystander Approach subject matter experts for all branches of the US military implement bystander strategies.

Active Learning Strategies

Huddle Up trainings are driven by active learning strategies that maximize interactive dialogue and enhance participant learning. Active learning strategies foster growth and development through meaningful engagement. Adult learning theory indicates that retention levels for participants in active learning groups follow a positive retention trajectory, while participants in passive learning groups follow a negative retention trajectory. This proves what we intuitively know—the more interested and engaged someone is, the more they will learn.

History

Huddle Up founding members have unparalleled experience working to address gender violence in sport. Among the groups we've worked with include over 200 college athletic departments including conference-wide training partnerships with the SEC, Big10, & A-10; with all of the major US professional sports leagues; with over 150 high schools; with all branches of the US military, and the Australian Army.

Huddle Up is presented by the **National Consortium for Academics and Sports (NCAS)**. The NCAS' vision is to *create worldwide social justice through the power of sport*. The NCAS has been delivering cutting-edge training services to major college and professional sport organizations for more than twenty years.

Contact Information

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